



# PARTICI-PATRICK

COURAGE · THANKFULNESS · ACCEPTANCE · EXCELLENCE · SELF-DISCIPLINE  
UNITY · HUMILITY · COMPASSION · ENTHUSIASM · DETERMINATION

## Student Weekly Activity Journal

Name: \_\_\_\_\_

Week: \_\_\_\_\_

Virtue: \_\_\_\_\_

DAY	ACTIVITY	Kilometers (20 Min. of activity = 1KM)
M		
T		
W		
T		
F		

TOTAL

How many KM's to go?



# ZERO AIDS