



PARTICI-PATRICK

TEN WEEK STUDENT ACTIVITY SCORECARD



Week 20 Minutes of activity = 1KM

Day	1	2	3	4	5	6	7	8	9	10
M/L										
T/M										
W/M										
T/J										
F/V										
Total										
How much more to go?										

Today I demonstrated the following virtues:

- COURAGE
- THANKFULNESS
- ACCEPTANCE
- EXCELLENCE
- SELF-DISCIPLINE
- UNITY
- HUMILITY
- COMPASSION
- ENTHUSIASM
- DETERMINATION

Final Total

