



PARTICI-PATRICK

COURAGE · THANKFULNESS · ACCEPTANCE · EXCELLENCE · SELF-DISCIPLINE
UNITY · HUMILITY · COMPASSION · ENTHUSIASM · DETERMINATION

Classroom Weekly Activity Journal

Week: _____

Virtue: _____

DAY	ACTIVITY	Kilometers (20 Min. of activity = 1KM)
M		
T		
W		
T		
F		

TOTAL

How many KM's to go?



ZERO AIDS