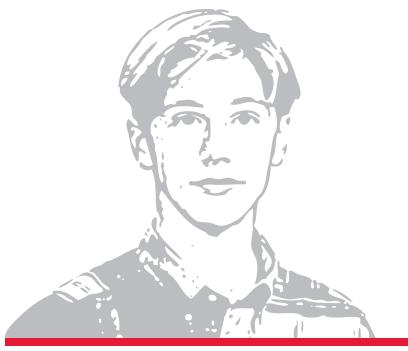


COURAGE · THANKFULNESS · ACCEPTANCE · EXCELLENCE · SELF-DISCIPLINE UNITY · HUMILITY · COMPASSION · ENTHUSIASM · DETERMINATION

Classroom Weekly
Activity Journal

Week:			
Virtuo			
Virtue:			

DAY	ACTIVITY	Kilometers (20 Min. of activity = 1KM)
M		
Т		
W		
Т		
F		



ZERO AIDS

How many KM's to go?

TOTAL